



#### T12.4.C Safety Harness Questionnaire

|            |  |          |  |
|------------|--|----------|--|
| Name:      |  | Project: |  |
| Mobile No. |  | Date:    |  |

(Please circle one answer on each of the following questions)

- If there is no possible alternative to using a harness, what is the minimum distance you should allow below the clip on point to ensure the wearer does not hit the ground?**
  - 1.5 Metre
  - 2.0 Metre
  - 2.5 Metre
  - 3.0 Metre
- Where is the most suitable point to clip on to when using a safety harness whilst working at height?**
  - Anywhere as long as you are clipped on
  - At low level
  - Above head height where possible
  - At waist level
- When should you inspect your safety harness and record the findings.**
  - Once every three months
  - Every six months
  - Once a week
  - Every day
- When should you inspect your safety harness?**
  - Once a month
  - Every six months
  - Once a week
  - Prior to each use



- 5. **How should you store a safety harness when not in use**
  - a. In the site box with the tools
  - b. Leave it on the scaffold for the next day
  - c. Hang it up in a dry place
  - d. Anywhere on site
  
- 6. **When should you wear a double lanyard?**
  - a. In case one fails or is damaged
  - b. When using a harness and you traverse around a column or elevation
  - c. When using tools to prevent them from falling
  - d. When you need to extend to a longer lanyard
  
- 7. **If you are involved in a fall whilst using a safety harness what action should be carried out?**
  - a. Tell your mate at break time
  - b. Carry on working and do nothing
  - c. Tell your foreman and ensure the harness is taken out of service
  - d. Bring the harness back to the stores
  
- 8. **What is the best way to prevent falls in the work place?**
  - a. Wear a safety harness at all times
  - b. Work from a scaffold tower
  - c. Keep away from the edge
  - d. Avoid working at height if possible or ensure edge protection is provided when unavoidable
  
- 9. **What type of assessment is required prior to any work being carried for working at heights?**
  - a. COSHH assessment
  - b. Noise assessment
  - c. Risk assessment
  - d. Environmental assessment
  
- 10. **Name two other types of work that require a safety Harness to be worn?**
  - a. -----
  - b. -----